

## **World Federation for Mental Health International Conference 2016**

### **Concurrent Presentation**

#### **Abstract**

#### **Delivered by:**

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#### **Title: HealthE Platform taking mental health service delivery to the next level**

Abstract: Mental health challenges in rural and remote Australia are widespread. Tragically, a higher proportion of people in rural and remote areas pay the ultimate price of mental illness and related concerns. Suicide occurs there at one-and-a-half times the rate in the major cities. Self-harm is particularly prevalent among Aboriginal and Torres Strait Islander people. Health Reimagined delivers a mental health service called Access to Allied Health Psychological Services which reaches the vulnerable groups in rural and remote Australia. As the administrators of this Program we have improved the coordination of care to patients. The Mental Health Providers range from Psychologists to Mental Health Trained Nurse Practitioners, and Social Workers, allowing for a cross reference of service provision. The cornerstone of our program delivery is HealthE Platform, a sophisticated database developed by Health Reimagined who facilitate the Access to Allied Psychological Services Program. The HealthE platform that has been developed to assist in the delivery of the service and has transformed mental health program management in Far North Queensland. The efficient program management through the use of technology ensures services are maximised using minimum administration resources. Ultimately this ensures more government funding is available for Mental Health Services for clients, particularly those most in need in Rural and Remote North Queensland.